



SUPPORTING CHILDREN AND YOUNG
PEOPLE ACROSS GRAMPIAN

FUNDRAISING FOR US

GCBN receives no government funding and we rely solely on donations to continue our services. Please get in touch if you would like to fundraise on our behalf. Your money could fund;

£10 One of our books gifted to a child

£50 A Craft Day such as Memory Boxes

£150 A fully trained & kitted out responder

£250 Our summer picnic

£1000 Activity Days for the year

£10000 Our book gifting for a year

Donations can be made through
www.justgiving.com/campaign/gcbn

Contact Us

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FACEBOOK:
[WWW.FACEBOOK.COM/
/GRAMPIANCHILDBEREAVEMENT](http://WWW.FACEBOOK.COM/GRAMPIANCHILDBEREAVEMENT)

TWITTER:
[@GRAMPIANCBN](https://twitter.com/GRAMPIANCBN)

JUST GIVING:
[WWW.JUSTGIVING.COM/
CAMPAIGN/GCBN](http://WWW.JUSTGIVING.COM/CAMPAIGN/GCBN)



SCO39521



Grampian Child Bereavement Network Service Guide

INFORMATION FOR
PARENTS & CARERS

COVID 19

Due to the current social distancing restrictions, our responder service and activity days are suspended but please contact us via telephone or email. Also check our Facebook page for new posts and Facebook Live Q & A sessions.

Who we are

Grampian Child Bereavement Network provides support to bereaved children and young people throughout Grampian. GCBN, believe that if children and young people are provided with the appropriate support, information and guidance then they will manage their grief.

GCBN, has provided support since 2009 and in 2019 GCBN became part of The ARCHIE Foundation family of funds.

A parent in Scotland dies every 4 hours leaving dependant children, this equated to 4100 children in Scotland under 18 being bereaved of a parent (Source: Child Bereavement Network).



Our Aims & Beliefs

We support children and young people to access appropriate bereavement support in Grampian.

Bereavement is a normal part of life , children and young people who are bereaved should be able to have their loss acknowledged and should be offered the support they need.

Children and young people grieve in their own way and at their own pace. Age and developmental stage will make a difference to how a child or young person manages grief.

Every child and young person and their experience is unique as will be their reaction to bereavement, support should reflect this.

We provide resources, information and support to families and carers where a child or young person is bereaved, including suitable books to help the child on their journey through loss.

We provide opportunities for children and young people to come together to acknowledge their loss and share activities and memory work in a safe and supportive environment.

Our Services

- A telephone service to give advice and support either in the immediate aftermath or at a later date should issues arise.
- A Volunteer responder service who go out and work with families on a one to one basis.
- A book gifting service which provides over 50 specialist titles covering all situations arming families with the words and opportunity to discuss what has happened.
- Activity Days give children the chance to remember or just have fun with craft focused activities. Carers get the chance to have a cuppa and share stories in a supportive environment.
- Training Days, we train education, health care and social work staff in how best to support bereaved families. In 2019 we trained over 300 professionals.
- Mentoring, we can support professionals already involved with the child or family so we are not adding a new face to an already difficult situation.